



A world full of beauty!

ELXIS SPA

ELXIS MEDICAL

BRUNO VASSARI

# Elxis Spa

"Luxury can't be overdone" - French proverb



## Face Treatments

### Deep Skin cleansing 90'

110 euro

Cleanse your skin from all excessive mangle and environmental pollutants. Revitalizes the face and leaves it with a fresh healthy look.

### Vitamin Hydration 60'

75 euro

A unique treatment based on vitamins A, C & E ideal for nourishment, rejuvenation and enhancement of collagen production.

### Liposomes Antiageing Treatment 90'

110 euro

Antiageing method based on liposomes, that as an active ingredient can soften the hardened by time cell membrane, and thus assist the penetration on a cellular level of necessary antiageing ingredients.

### After Sun face 60'

75 euro

Hyaluronic acid combined with vitamins achieve the necessary deep hydration the skin needs after prolonged sun exposure. Can be had on a daily basis.

### Elxis Platinum 60'

75 euro

All formulations used are enriched on the spot with high purity (99.9%) platinum that has been proven to display excellent antioxidant properties. Enjoy this affordable luxury and let go of tired, dull, toneless and damaged skin in only one session! For lasting effects choose the complete treatment protocol of 6 sessions.

### Intensive Whitening 60'

75 euro

High effective whitening & anti-ageing treatment. Stimulates collagen production and smoothes blemishes. Makes the skin look brighter, tighter & healthier from the first treatment.

### Intensive Antiageing Cellactive Treatment 60'

75 euro

Cellactive antiageing 6 treatments course with products based on stem cells, redwood and flower vine. Recommended for mature skin it gives visible results in the contour of the facial skin.

### Lab division Collagen booster 75'

95 euro

Five treatments course aspiring to absolute cell renewal. Enhances collagen production, smoothes wrinkles and strengthens the skins defense mechanism.

### Viniferin 60'

75 euro

Specialized antiageing 6 treatments course for the sensitive eye and lip areas. Can be had as a single flash beauty treatment as well.

### Specifics Eye Treatment 45'

60 euro

Specialized eye treatment with triple - action against wrinkles, dark circles & swelling. Specialized for the eye area and aposymforitiki wrinkle treatment . The best for eye expression lines , dark circles and swellings.

## Relaxing Massages

### Candle Ritual 60'

75 euro

Perfumed candles, specifically processed and enriched with essential oils. Acts on the entire central nervous system resulting in an ultimate relaxation experience in a ritual applying a special massage technique leaving you with the smoothest skin you ever had.

### Full body Relax 60'

75 euro

Classic Swedish full body massage. Relax from tip to toe.

### Deep Tissue 60'

75 euro

Intense full body massage ideal for tense muscles. Relief yourself of muscular and joint pains.

### Back Massage 30'

45 euro

Relaxing massage localized to the back and neck. Can be had either on the naked skin or over the clothes.

### Leg Relief Massage 30'

45 euro

Special massage technique localized to the leg area. Advisable for tired feet.





### Fat Burner Massage 60'

75 euro

Intense massage targeting the lymphatic system resulting in stimulation of local metabolism and breaking of compact cellulite.

### Shea Butter 60'

75 euro

A total body relax massage with the use of shea butter, one of the most hydrating factors found in nature. Specially advisable during the summer for a hydrating benefit while relaxing body and mind.



In treatments we are using the world famous recognized care & beauty products

**BRUNO VASSARI**

## Body Treatments

### After Sun Body Treatment 60'

75 euro

Deep hydration and nourishment treatment for the whole body. The ultimate care after sunbathing including oils fortified with hydrating serums and a moisturizing full body mask that tightens and stimulates the skin.

### Anticellulite 60'

75 euro

Specialized treatment targeting cellulite and detentions, this treatment method should be had once or twice a week.

### Cold compress Cryogenic 60'

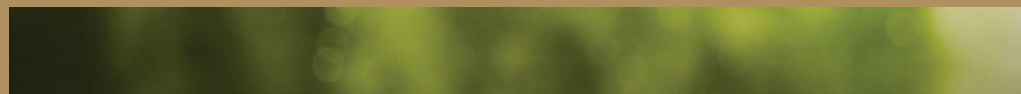
75 euro

Treatment with a high intensity firming action. Also recommended for those suffering from edematous conditions and poor circulation.

### Bithermal 90'

110 euro

Integrated body care for weight loss, chipping lines and cellulite. Should be had once or twice a week.



# Namaste

*"The greatest goodness is a peaceful mind" - Buddha*



## Thai massage 90'

110 euro

The ancient Thai Massage is a combination of yoga stretches, mild vibration and pressure on the body's meridians using hands, elbows and thumbs. Increase your flexibility and vitality stimulating body and mind.

## Shiatsu 60'

75 euro

Enjoy the ancient Japanese pressure point massage. Fundamental to eastern medicine, it provides physical and mental relaxation restoring energy flow throughout the body unlocking the meridians. Excellent for combating fatigue.

## Hot stones Massage 60'

75 euro

Massage technique utilizing volcanic stones, activating the body's chakras and releasing accumulated negative energy.

## Nature bundles massage 60'

75 euro

Special massage to the whole body using warm pouches for body toning and spirit. The pouches are prepared in front of you with the use of herbs that your body needs!

## Yoga balance massage 60'

75 euro

A unique combination of yoga stretches and massage techniques, enjoy this version of the traditional Thai massage performed on a bed and let go of muscular and spiritual strain.

## Reflexology 30'

45 euro

Special massage and pressure technique localized to the feet. Activation of your reflex points leaves you with a feeling of relaxation and wellbeing both in your feet and your entire body!

## Thai foot 30'

45 euro

A unique combination of massage and reflexology as performed in Thailand. Combat tired feet and fatigue like never before!

## Indian Head Massage 30'

45 euro

Traditional Indian massage technique for head and neck without the use of oils. Leave behind stress and tension and stimulate this part of your body combating muscular tension and knots.

## Shirodhara Head Massage 30'

45 euro

Ayurvedic face neck and head massage leading to total relaxation. Maintaining a constant flow of herb enriched oil over the 6th chakra, also known as the "third eye", it restores the balance of the mind and nervous system, significantly helping with sleep problems.

## Chi Nei Tsang 30'

50 euro

Also known as the Taoist abdominal massage, it is based on the concept that the abdominal region is the "second brain". It aids in a series of body imbalances, specifically digestive problems, tension and stress, fairly common when changing living environments, f.e. During vacations.

## Balinese 60'

75 euro

Massage by hand, elbow and thumb pressure, this technique is excellent for muscular tensions, as it works the muscles deeply.

## Rejuvance 60'

80 euro

Enjoy a natural lifting experience! This unique combination of the Rejuvenessence technique, acupoints, Sotaim Chinese and Philipinese vibration massage, works on the skin's connective tissue giving you an immediate lifting effect completely natural. Can be had either as a unique flash beauty treatment, or as a 6 treatments protocol for a lasting effect.





**ELXIS**

SPA

[www.elxis-spa.gr](http://www.elxis-spa.gr)

**ELXIS**

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